Instructions for Cementation of a Crown or Bridge

- wait for numbness to wear off before eating
- call the office if the Crown or Bridge feels "too high"
- brush and floss as usual
- use a floss-threader or proxabrush to clean under bridge
- avoid chewing very hard foods such as ice, popcorn kernels, hard candy, pens,
 etc. to prevent chipping or breaking of porcelain